

Rice Dishes

Yang Chow Fried Rice Rice, bean curd, carrots, peas, tofu protein, famous Chinese BBQ Char Siu. \$12.00

Fried Rice Fried with sliced tofu, onions, garlic, ginger, peas, carrots and vegetable protein. \$10.00

Noodles & Pastas

Chow Mein Wheat noodles with mixed vegetable, tofu & soy/wheat protein. \$11.00

Chow Fun Rice noodles, mixed vegetable, tofu, soy/wheat protein. \$11.00

Pad Thai Rice noodles, soy/wheat protein, tofu, vegan egg, vegan shrimps, carrots, bean sprouts, topped with peanuts. \$12.00

Singapore Curry Noodles Thin rice noodles, soy protein, fried tofu, Napa cabbage, carrots, vegan shrimps stir-fry with curry. \$12.00

Saigon Noodles Rice noodles, spring rolls, BBQ, cucumber, lettuce, cilantro, daikon, carrots, peanuts. \$12.00

SOY FREE **Vegan Shrimp Pasta** (*Pasta sauce or Pesto sauce*)
Wheat noodles, vegan shrimps, vegan parmesan cheese, tomato, basil, broccoli, zucchini, mushroom, onions, garlic. \$13.00

Vegan Chicken Pasta (*Pasta sauce or Pesto sauce*)
Wheat noodles, vegan chicken, vegan parmesan cheese, tomato, basil, broccoli, zucchini, mushroom, onions, garlic. \$13.00

Main Dishes

All main dishes are served with White or Brown rice.

New! **Tropical Island Dinner** Housemade vegan fish (bean curd, wheat protein, seaweeds), vegan fish sauce, tomato, cucumber, lettuce. Served with special KMM's sauce (mango, kumquat citrus). \$14.00

New! **Undersea Dinner** Vegan salmon fish, vegan fish sauce, ginger, garlic, tomato, cucumber, lettuce. Served with special KMM's sauce (mango, kumquat citrus). \$14.00

Golden Land Soy protein with lemongrass, red & green bell peppers, onions and spices served over a bed of lettuce, celery & shredded carrots. \$12.00

Golden Curry Soy protein with curry sauce, broccoli, red & green bell peppers, curry powder, coconut milk, onions and spices. \$12.00

Golden Era Soy/wheat protein chunks pan-fried in BBQ garlic seasonings & sweet vinaigrette served over a bed of lettuce with tomato. \$12.00

Kung Pao Soy/wheat protein chunks, glazed in Kung Pao sauce with carrots, celery, zucchini, peanuts, red & green bell peppers. \$12.00

GF **Lemongrass Tofu** Lemongrass, tofu, seasoned with lettuce, cucumber. \$10.00

GF **Sesame Basil Eggplant** Eggplant, sliced tofu, basil, onions, sesame seeds in vegan oyster sauce. \$11.00

Sesame Chickun Soy protein, wheat protein, sesame, onions, garlic, steamed broccoli, carrots in housemade sauce. \$12.00

Buddha's Teriyaki Fried vegan chicken with Teriyaki sauce, tomato and cucumber. \$13.00

Vegan Beef Steak Soy protein, wheat protein, pickled onions & sweet vinaigrette served over a bed of lettuce / greens with tomato. \$12.00

GF SOY FREE **Spicy Yam Delight** Yam protein (shrimps) sautéed in onions and ginger sauce with bell pepper, zucchini, Napa cabbage. \$13.00

SOY FREE **Spicy Cha Cha** Yam protein (shrimps) battered and seasoned with selected spices. Served with bell pepper, onions & celery over a bed of lettuce & shredded carrots. \$13.00

Broccoli Shiitake Stir-fried broccoli, carrots, onion, shiitake mushrooms and soy meat. \$11.00



All menu items and prices are subjected to change without notice.

Loving
Vegan Market & Cuisine
(407) 790-7642
2240 W Fairbanks Ave.
Winter Park, FL 32789
Open: Tue. to Sat. 12pm – 8pm
Closed: Sunday & Monday
www.LovingVegCuisine.com
facebook [LovingVeganCuisine](https://www.facebook.com/LovingVeganCuisine)

Burgers & Sandwiches

New! **The Impossible Burger** Impossible burger patty, vegan burger bun, vegan bacon, vegan egg (soy), vegan cheese, housemade burger sauce, lettuce, tomato, ketchup, pickle relish, vegan mayo. Served with potato chips. \$14.00

New! **Beyond Burger** Beyond burger patty, vegan burger bun, vegan cheese, housemade burger sauce, lettuce, tomato, ketchup, pickle relish, vegan mayo. Served with potato chips. \$11.00

Philly Love Vegan toasted bread, soy protein (beef), green & red bell peppers, onions, vegan cheese. \$9.00

Philly Moon Vegan toasted bread, soy protein (chicken), green & red bell peppers, onions, vegan cheese. \$10.00

New! **Veg Bacon Chicken Sandwich** Vegan toasted bread, vegan bacon, vegan chicken, vegan mayo, lettuce, tomato, vegan Parmesan cheese powder. \$11.00

BBQ Sandwich Vegan BBQ grilled, vegan toasted bread, lettuce, cucumber, carrots, daikon. \$8.00

Rolls & Wraps

New! **Loving Vegan Rolls** (2 rolls) Vegan: shrimp, chicken, beef. Rice paper, lettuce, rice noodles, peanuts, sesame, lemongrass. Served with special KMM's sauce (mango, kumquat citrus). \$10.00

Spring Rolls *Deep fried.* (3 rolls) Carrots, mung beans, vermicelli, taro, soy protein, mushrooms. \$7.00

Vegan Wings *Deep fried.* (4 wings) Soy protein, wheat protein, carrots, corn, chestnut. Served with ketchup and BBQ sauce. \$8.00

SOY FREE **Ragoon (vegan crab cheese)** *Deep fried.* (4 pieces) Fried vegan crab, vegan cheese, carrots, flour paper. Served with sweet & sour sauce. \$7.00

Summer Rolls (2 rolls) Lettuce, carrots, soy protein, bean thread noodles, tofu, rice paper. \$7.00

BBQ Rolls (2 rolls) Lettuce, rice noodles, soy protein, peanuts, sesame, lemongrass, rice paper. \$6.00

Avocado Rolls (2 rolls) Avocado, lettuce, raw carrots, peanuts, rice noodles, soy protein, rice paper, sesame, lemongrass. \$7.00

Gf SOY FREE **Ocean Rolls** (2 rolls) Jicama, carrots, lettuce, peanuts, rice noodles, yam protein (vegan shrimp), rice paper. \$8.00

SOY FREE **Dumplings** *Choice of steamed or pan fried.* (5 pieces) Wheat dumpling stuffed with cabbage, carrots, soy/wheat protein, Napa, mushrooms. \$7.00

BBQ Sticks (2 sticks) Soy protein, lemongrass, sesame, salt, vegan seasonings. \$6.00

All Wraps are served with potato chips.

Tortilla Wrap Tortilla, vegan protein, avocado, lettuce, tomato, onions, cilantro, vegan mayonnaise. \$10.00

Asian Burrito Vegetable protein, onions, mung beans, lettuce, tomato, seasoned rice, avocado & vegan mayo in tortilla wrap. \$11.00

Pesto Wrap Tortilla, vegan chicken, avocado, lettuce, tomato, onions, cilantro, carrots, jicama, vegan mayonnaise and pesto sauce. \$12.00

Soups

Pho Rice noodles soup with soy protein, tofu, mushroom, onions, bean sprouts and Thai basil. \$11.00

Bun Hue 🌶️ Rice noodles soup with lemongrass, tofu, mushroom, bean sprouts, Thai basil, onions and soy protein. \$11.00

Indian Curry Noodles Soup Rice noodles, potato, carrots, tofu, vegetable protein chunks, basil, onions, coconut milk and curry powder. \$11.00

Gf **Tom Yum Soup** 🌶️ Thai eggplant, bean sprouts, tofu, vegan shrimp, mushrooms, tomato, lemongrass, lime, vegan seasonings. Served with rice. \$13.00

Wonton Soup *Add noodles for \$2.00.* Steamed wontons (soy protein, bean curd, carrots, Napa cabbage), broccoli, carrots, mushrooms, Bok Choy. \$10.00

Small Soups

Gf **Vegetable Soup** Mixed vegetable, soy protein, tomato, tofu. \$5.00

Salads

Avocado Salad Grilled soy/wheat protein tossed in housemade coconut lime dressing, avocado, lettuce, tomato, cucumber, onions. \$9.00



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Drinks & Desserts

Desserts

Cheese Cake \$4.00

Healthy Smoothies

Strawberry Smoothie Strawberries, almond milk, banana, vegan sugar. \$6.50

Blueberry Smoothie Blueberries, almond milk, banana, vegan sugar. \$6.50

Triple Berry Smoothie Triple berries, almond milk, banana, vegan sugar. \$6.50

Jackfruit Smoothie Jackfruit, almond milk, banana, vegan sugar. \$6.50

Mango Smoothie Mango, almond milk, banana, vegan sugar. \$6.50

Thai Tea Icy Thai tea, soy milk, vegan sugar. \$5.50

Choices of Drinks

Water \$1.00 **Cola** \$1.50

Ginger soft drink \$1.50 **Lime** \$1.50

Root Beer \$1.50 **Bai** \$3.00

Coconut soda \$2.00 **Coconut water** \$3.00

Kombucha \$4.50

Hot Teas

Moringa Tea \$2.30 **Green Tea** \$2.30

Lemon Ginger Tea \$2.30

Extra

White rice \$2.00 Brown rice \$2.50
Potato chips \$1.00

Gf Gluten-Free **SOY FREE** Soy-Free